



2020 Open Enrollment

Presentation for

Synopsys and
named subsidiaries

Healthy together

Care and coverage that fits your life



Why Join Kaiser Permanente?





Who we are

As one of the nation's largest nonprofit health plans, Kaiser Permanente has a mission to provide high-quality, affordable health care services and to improve the health of our members and the communities we serve.



12.2 million
members nationwide



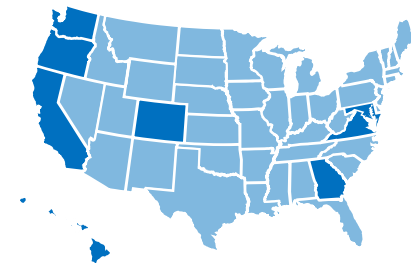
Founded in **1945** —
practicing medicine
for more than
70 years



39 hospitals and
689 medical offices



Top performer in **30**
effectiveness-of-care
measures in the U.S.*



Serving **8** states and
the District of Columbia

*Kaiser Permanente 2018 HEDIS® scores. Benchmarks provided by the National Committee for Quality Assurance (NCQA) Quality Compass® and represent all lines of business as of December 31, 2018.

Why choose Kaiser Permanente?



Quality care with you at the center



Your care, your way



Care away from home



Care and coverage built around you



Great care



Specialty care



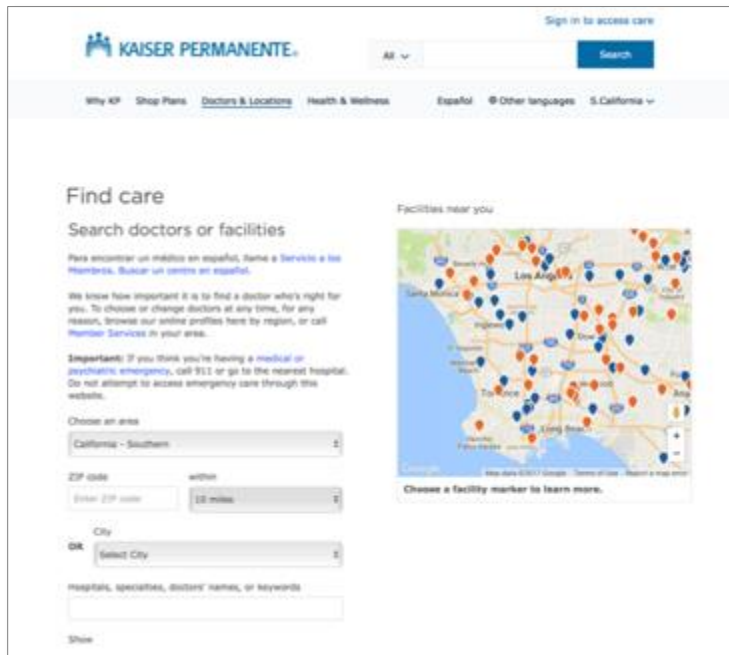
Healthy resources



Manage your care anytime, anywhere



Quality care with you at the center



Our physician-led care teams work together to keep you healthy by delivering high-quality, personalized care. You can expect:



Quality care from skilled doctors



Better care with a connected team



Personalized care for all members



Specialty care

No matter what life throws your way, you can count on us. Get access to quality care from top-notch doctors across a wide range of specialties, including:



Maternity care

For family planning to first steps and beyond, visit kp.org/maternity



Mental health

Our members can access mental health services with no referral needed at kp.org/mentalhealth



Cardiac care

Learn how we're healing hearts and saving lives with advanced cardiac care at kp.org/cardiaccare

For more on specialty care, visit thrive.kp.org/healthier-outcomes.



Care and coverage built around you



What's integrated care?

We strive for a simpler, seamless experience in which the health plan and doctors work together for you.

You get:

- Healthcare with less paperwork
- A care team that's connected to each other and you
- Many services under one roof



Your care, your way



Visit your doctor at your local facility.



Save yourself a trip to the doctor's office with a telephone appointment.*



Meet face-to-face with a doctor online.*



Schedule appointments and get 24/7 medical advice by phone.



Email your doctor's office with nonurgent questions anytime.


*When appropriate and available.



Care away from home



- If you get hurt or sick while traveling, we'll help you get care. Our plans include emergency and urgent care coverage from qualified providers anywhere in the world.
- We can also help you before you leave town by checking to see if you need a vaccination, refilling eligible prescriptions, and more. Just call us or go online:

 24/7 Away from Home Travel Line:
951-268-3900*

 kp.org/travel

*This number can be dialed inside and outside the United States. Before the phone number, dial "001" for landlines and "+1" for mobile lines if you're outside the country. Long-distance charges may apply, and we can't accept collect calls. The phone line is closed on major holidays (New Year's Day, Easter, Memorial Day, July Fourth, Labor Day, Thanksgiving, and Christmas). It closes early the day before a holiday at 10 p.m. Pacific time (PT), and it reopens the day after a holiday at 4 a.m. PT.



CVS MinuteClinics

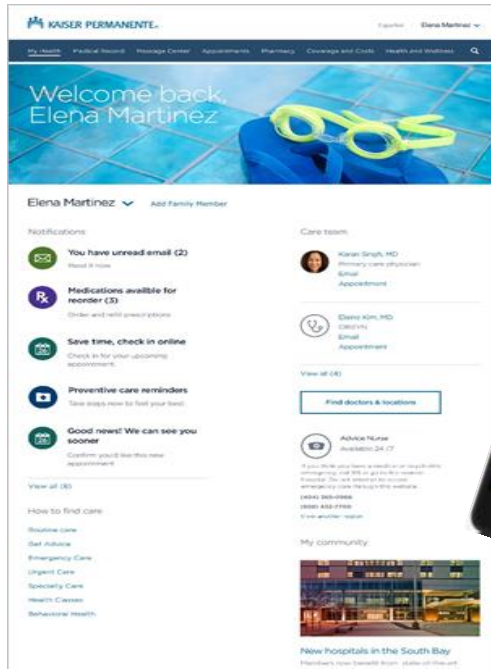
- Convenient urgent care services while traveling outside of states where Kaiser Permanente operates
- Member pays normal cost share
- Approximately 900 MinuteClinic locations





Manage your care anytime, anywhere

At kp.org or with the Kaiser Permanente app, you can stay on top of your care 24/7:^{1,2}



- Schedule and cancel routine appointments
- Fill most prescriptions
- Choose your doctor and change anytime
- View most lab test results
- Email your Kaiser Permanente doctor's office with nonurgent questions
- Manage your coverage and estimate costs³
- View and pay bills
- Manage a family member's health care⁴

¹Available when you get care at Kaiser Permanente facilities.

²To use the Kaiser Permanente app, you must be a Kaiser Permanente member registered on kp.org.

³These tools are not available on the app.

⁴Online features change when children reach age 12. Teens are entitled to additional privacy protection under state laws. When your child turns 12 years old, you will still be able to manage care for your teen, with modified access to certain features.

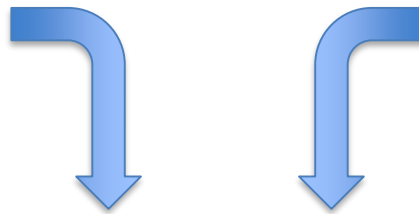


Mobile apps



KP Flagship App

- Pay bills



- Manage appointments
- Email doctor
- Test results
- Refill prescription



My Doctor Online (NCAL Only)

- Health reminders
- Video visits



Healthy resources

- Wellness Coaching by Phone
- Healthy lifestyle programs
- On-site health education classes and support groups¹
- Online videos, podcasts, recipes, and more
- Reduced rates on health products and services (for example, gym memberships)
- Seasonal farmers markets²



¹Classes vary at each location and some may require a fee.

²Not available in all areas.



Reach your health goals with wellness support



Wellness Coaching by Phone

We've helped thousands of members reach their health goals.

If you need a little extra support, we offer Coaching by phone at no cost.

Our coaches are health educators with expertise in preventive care and behavior-change counseling. Based on your goals, they create a customized action plan and help you discover techniques that work for you.



Member discount programs

We offer special discounts on health-related products and services to members. Discount programs vary by region and can include:

- Acupuncture
- Chiropractic care
- Gym memberships
- Massage therapy
- And more

Visit kp.org/choosehealthy



Ready for an easy switch?

There's a lot to do when you're changing health plans. That's why Kaiser Permanente offers a single online destination that shows how easy it is to:



Choose your new doctor



Seamlessly transfer your care and prescriptions

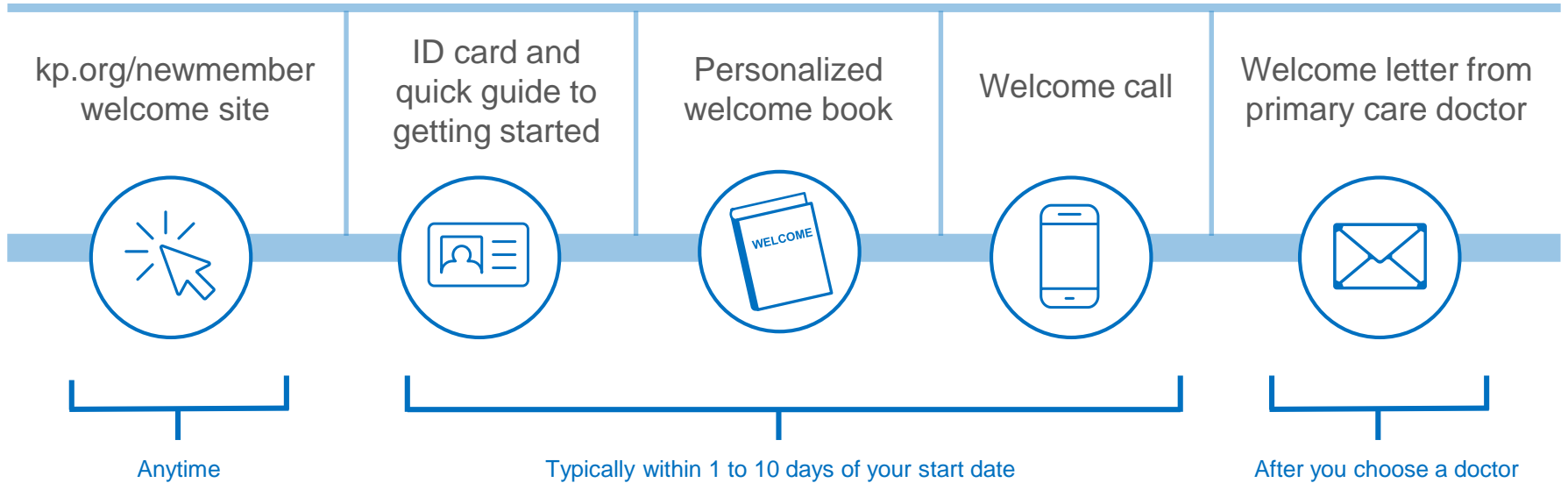


Get care on your schedule



Learn more at kp.org/easyswitch.

What new members can expect



Plan benefits and key locations



Your plan
benefits



California
locations

Kaiser Permanente Traditional HMO

This table shows some benefits of your group and is provided as an example only.

Yearly deductible	None
Maximum yearly out-of-pocket costs	\$1,500 individual/\$3000 family
Covered service	You pay
Preventive care	No charge
Doctor's office visit	\$30 copay per visit
Lab tests and radiology	No charge
Outpatient surgery	\$40 copay per procedure
Hospitalization	\$400 copay per visit
Emergency care	\$125 copay per visit
Prescribed medications (30-day supply)	\$10 copay (generic medication)/\$30 copay (brand-name medication)/\$30 copay (specialty medication)*

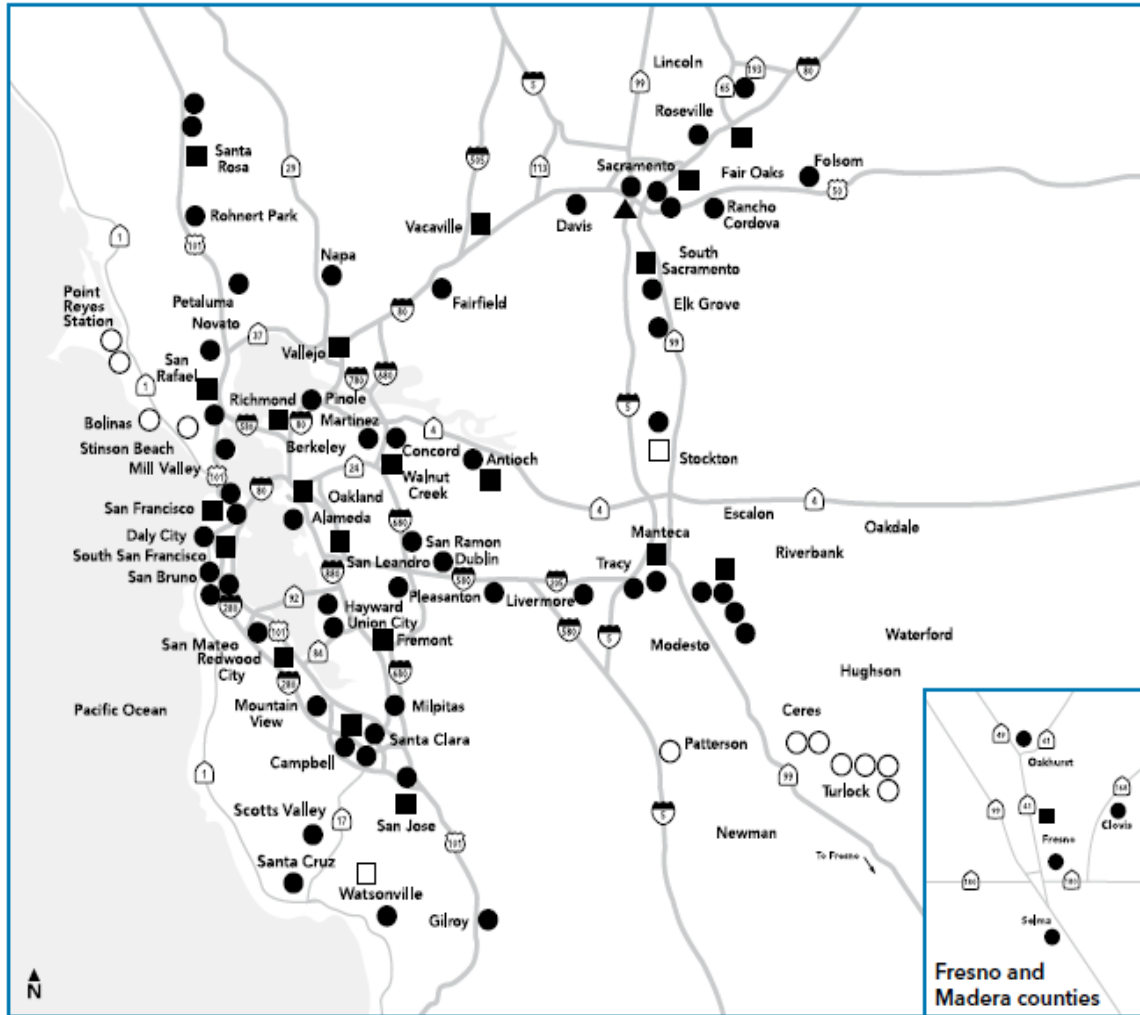
*This is a summary of some benefits and their copays and coinsurance. For specific information about your covered health plan benefits, limitations, and exclusions, including those not listed in this summary, please see your *Evidence of Coverage*.

Chiropractic care

Copay	\$15 copay per visit
Count	Up to 20 visits per year
Referral	No referral needed
Network	American Specialty Health
Find a provider	www.ashlink.com/ash/kp



Northern California



- 22 medical centers
- 61 medical offices
- 2 affiliated plan hospitals
- 11 affiliated medical offices



Maps not to scale



New locations in Northern California

Opening soon

- Mission Bay Sports Medicine Center, San Francisco
- Roseville Medical Offices - Riverside

Open now

- Dublin Medical Offices
- Sacramento Downtown Commons Medical Offices
- San Jose Skyport Medical Offices
- Santa Cruz Medical Offices
- Santa Rosa Mercury Way Medical Offices
- Scotts Valley Medical Offices
- Watsonville Community Hospital
- Watsonville Medical Offices





Thank you