

Provider - Choice Rights Notice

The Kaiser California and Northwest HMO generally requires the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. For information on how to select a primary care provider, and for a list of the participating primary care providers, and for a list of the participating primary care providers, refer to the contact information below.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Kaiser or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a health care professional in our network who specializes in obstetrics or gynecology. The health care professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating health care professionals who specialize in obstetrics or gynecology, contact information below:

- Kaiser California: call 1-800-464-4000
 - o Northern California: <https://healthy.kaiserpermanente.org/northern-california/doctors-locations#/simple-form>
 - o Southern California: <https://healthy.kaiserpermanente.org/southern-california/doctors-locations#/simple-form>
- Kaiser Northwest:
 - o <https://healthy.kaiserpermanente.org/oregon-washington/doctors-locations#/simple-form>