



Rethink Benefits is now RethinkCare. RethinkCare provides a Parental Success solution that helps families raise more resilient children, including those with developmental and learning challenges. Your benefit will continue to provide family support when you need it, including 24/7 access to tools and resources to help you understand, teach and better communicate with your child. You will also continue to have access to free parenting consultations with Board Certified Behavior Analysts.

This benefit is provided by your employer at no cost to you.

In addition, you now have access to digital training focused on parental and family wellbeing, including sessions, exercises and an expanded library of tips and articles to help manage modern challenges at home and at school for all children.



Ongoing consultations with a dedicated behavior expert to address your specific challenges



Unlimited access to our website and mobile app with how-to videos and resources to teach crucial skills



Exclusive content developed to assist your child with socialization, self-help, academics and more



Catalog of goal-based training focused on parental and family wellbeing.

Train practical, repeatable skills through micro-learning

Already Enrolled in Rethink Benefits? Login by:

Step 1: Access RethinkCare: Go to connect.rethinkcare.com/login or download the RethinkCare app from the [App Store](#) or [Google Play](#).

Step 2: Login to RethinkCare: Enter your personal email address associated with your Rethink Benefits account and your Rethink Benefits password. From there you'll be prompted to reset your password.

Signing up for RethinkCare for the first time?

Get started at connect.rethinkcare.com/sponsor/synopsys
Use code: SYNOPSYS

Download the RethinkCare App for on demand access to videos, tips, articles and to book a consultation with a Parenting Expert!



App Store



Google Play