













We help make  
healthcare easier for  
your **parents and  
parents-in-law**

**Whether they live near or far, remind your parents and parents-in-law that they can call Health Advocate too!** You can also reach out to us on their behalf. There's no cost to use the program; it's paid for by your employer or plan sponsor.

### The many ways we can help

Your Health Advocate program provides your family with experts who can:

- |   |   |   |
|---|---|---|
|  Find doctors and specialists including those who accept Medicare    |  Help schedule appointments          |  Answer questions about health conditions, research latest treatment options |
|  Locate the right health facilities                                  |  Prepare questions for doctor visits |  Clarify medical bills   |
|  Clearly explain Medicare, Medicare Advantage and supplemental plans |  Address medication issues           |  Secure second opinions and help transfer records                            |
|   |  Resolve claims and billing issues   |   |



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**HealthAdvocate<sup>SM</sup>**